

1. Record Nr.	UNINA9910462774903321
Autore	Bifulco Antonia <1955-, >
Titolo	Understanding adult attachment in family relationships : research, assessment and intervention // Antonia Bifulco and Geraldine Thomas
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2013
ISBN	1-283-91955-9 0-203-09455-7 1-136-20789-9
Descrizione fisica	1 online resource (353 p.)
Altri autori (Persone)	ThomasGeraldine <1951->
Disciplina	616.89/156
Soggetti	Attachment behavior Adulthood - Psychological aspects Interpersonal relations Families - Psychological aspects Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Understanding Adult Attachment in Family Relationships; Title Page; Copyright Page; Table of Contents; Preface; Acknowledgements; Dedication; A research note; Ten key findings; Chapter 1: Introduction to attachment; 1.0 Introduction; 1.1 Background to attachment theory; 1.2 Outlining adult attachment styles; 1.3 Attachment style and psychological disorder; 1.4 Attachment style and the self; 1.5 Attachment style and stress; 1.6 Attachment style, partner relationships and support; 1.7 Attachment style and parenting; 1.8 Attachment style and childhood experience 1.9 A social and lifespan approach 1.10 Attachment and biological processes; 1.11 Attachment style and resilience; 1.12 Attachment interventions and psychotherapy; 1.13 Discussion; Chapter 2: Assessing attachment styles in adults; 2.0 Introduction; 2.1 Self-report attachment measures; 2.2 The Adult Attachment Interview and related tools; 2.2.1 Comparison of measures; 2.3 The Attachment Style Interview; 2.3.1 Case example: Secure attachment style; 2.3.1.1 Secure Susan; 2.3.2 The Attachment Style Interview - Support; 2.3.3 The

Attachment Style Interview - Attachment Attitudes

2.3.4 Attachment Style Interview Overall attachment styles 2.4 Case examples; 2.4.2 Ellie's Moderately Enmeshed style; 2.4.3 Fiona's moderately Fearful style; 2.4.4 Alexa's markedly Angry dismissive style; 2.4.5 Whitney's moderately Withdrawn style; 2.4.6 Deirdre's Dual Angry-dismissive and Enmeshed style; 2.5 Attachment style and reporting at interview; 2.6 Discussion; Note; Chapter 3: Adult attachment style, stress and disorder; 3.0 Introduction; 3.1 Prevalence of Insecure attachment style; 3.2 Insecure attachment style and emotional disorder
3.2.3 Insecure attachment style and experience of stress 3.3 The London studies; 3.3.1 Attachment Style prevalence in London women; 3.3.2 Demographic factors; 3.3.2 Attachment Style Interview and adult lifetime adversity; 3.3.3 Attachment Style Interview and severe life events; 3.3.4 Coping with adversity; 3.3.5 Attachment Style Interview and depression in the London women; 3.3.6 Lifetime depression; 3.3.7 Attachment Style Interview and new onset of emotional disorder; 3.4 Case examples; 3.4.1 Ellie - Moderately Enmeshed style and onset depression
3.4.2 Fiona - Moderately Fearful - onset depression and anxiety 3.4.3 Alexa: Markedly Angry dismissive with Generalised Anxiety Disorder; 3.4.4 Deirdre's Dual (Angry-dismissive and Enmeshed style) and her anxiety disorder; 3.5 Attachment Style Interview and disorder in the London offspring; 3.6.1 Felicity's moderately Fearful attachment style and depression with self-harm; 3.6.2 Dean's Dual/disorganised style and substance abuse; 3.7 Discussion; Chapter 4: Relationships and self-esteem; 4.0 Introduction; 4.1 Background; 4.2 Support; 4.3 Domestic violence; 4.4 Self-esteem
4.5 The London study findings

Sommario/riassunto

"This practical book introduces and explains an easily accessible assessment tool for adult attachment style, the Attachment Style Interview (ASI). Based on extensive research study, it discusses appropriate interventions and case assessments that can be made to help families in need. Simpler than the Adult Attachment Interview, which requires expert administration, the ASI is an invaluable and evidence-based resource and is particularly useful for multi-agency practitioners working with children and families, including those in adoption and fostering, child safeguarding and therapeutic services. Presenting clear and concise descriptions of the measure and summaries of the attachment models developed, it provides discussions of its relevance for different practice contexts. This text uses a range of worked case studies to illustrate its principles and applications. It details attachment issues in different relationship domains to cover areas of risk and resilience relevant for practice such as: adult depression and anxiety and stress models, partner difficulties including domestic violence, childhood neglect and abuse as a source of attachment problems, parenting and intergenerational transmission of risk, resilience factors, interventions, service application and use in family therapy. Understanding adult attachment in family relationships provides an important reference for all practitioners working with children, adolescents and families, especially those undertaking further study"--Provided by publisher.
