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Titolo	On strength [[electronic resource]] : a philosophical dialogue // Nicholas J. Pappas
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Sommario/riassunto	This book examines many facets of strength in a philosophical dialogue that probes the meaning of character and values, what is worth fighting for-and why; what it means to be a true friend; how to know when it's right to stand up and when not-in sum, what it means to be strong, and how to find and train our own inner strength. What is strength, after all? Is it as obvious as it seems? Does it require more strength to act, or to hold yourself from acting? Why do you need it? Where does truth come into play, and how do we know truth when we see it? How do heart, soul and mind figure into things