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Nota di contenuto	Table of Contents; Introduction: the ageing societies of Central and Eastern Europe; Typology of the European countries by the level of demographic ageing and demographic burden; 1. Introduction; 2. Ranking of the European Countries according to the selected criteria; 2.1. Ranking according to the indicator share of children (aged 0-14); 2.2. Ranking according to the indicator share of older people (aged 65+); 3. Typologization of the European Countries according to the main indicators of demographic burden; 3.1. Classification according to variables (1) and (2) 3.2. Classification according to variables (3) and (4) 4. Conclusion; A comparative analysis of informal networks among older people in Eastern and Western European states; 1. Introduction; 2. Background; 3. Methodology; 3.1. Research Questions; 4. Frequency of family contact; 4.1. Contact with adult child; 4.2. Contact with close relative; 4.3. Marital status; 5. Household and family size; 5.1. Number of persons in household; 5.2. Childlessness; 5.3. Living alone with infrequent contact with adult child; 6. Social networks; 6.1. Kin and non-kin social support networks 6.2. Non-kin based social networks 7. Other variables associated with frequency of family contact; 7.1. Geographical mobility; 7.2. Labour

participation; 7.3. Attitudes to care; 7.4. National expenditure on care; 7.5. National prosperity; 8. Summary and discussion; Sociological perspective on the European anti-discrimination legislation; 1. Introduction; 2. The rationale for adoption of anti-discrimination legislation; 3. Sociological perspective: law as a tool of social change; 4. Characteristics of the Framework Directive; 5. Derogations; 6. Positive duties; 7. Effective enforcement

8. The defects of the anti-discrimination directive 9. Conclusions; From research on mortality of the aged in Poland before and after transition; 1. Introduction; 2. Life duration models for elderly people; 3. Analysis of mortality among people aged 80 and more in Poland; 4. Mortality modelling for people aged 80 and more; 5. Summary; The relationship between religious practice and quality of life among those at the threshold of older age; 1. Introduction; 1.1. Aim; 2. Methodology; 3. Results; 4. Discussion; 5. Conclusions; Changes of elderly consumers' potential in ageing society of Poland

1. Introduction 2. The elderly consumers' potential from the perspective of human resource; 3. Elderly people as consumers on the goods and services market; 4. Summary; Demographic change, urban transport and accessibility for elderly in the Czech Republic; 1. Introduction; 1.1. Demographic changes in Czech Republic; 2. Quality of life in the older age; 3. Importance of mobility in old age; 4. Mobility for senior citizens; 4.1. The general objectives of SIZE project; 5. Methodology; 5.1. Hypothesis; 5.2. Target group-oriented approach 5.3. Geographical and demographical power: 14 SIZE Partners from 8 European countries

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### Sommario/riassunto

This book entitled *The Ageing Societies of Central and Eastern Europe: Some Problems - Some Solutions* wants to contribute to a better understanding of how societies of Central and Eastern Europe are changing and how they are responding to the challenge of even more rapid ageing process than Western Europe. The aim of this book is to present the specific challenges ageing societies in selected Central and Eastern European countries face, with a particular focus on Polish society. Questions to be addressed in this volume include: How does demographic ageing influence societal change? How can we overcome age discrimination? Who will care for increasing numbers of older dependents at a time when the numbers of potential family carers is dwindling? How will family change impact on intergenerational solidarity? How can the specific skills of the young and the old be combined in the workplace? How are policy makers and politicians dealing with the ageing issues? How can the public pensions systems be made financially sustainable to prevent poverty and social exclusion of older people?

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