

1. Record Nr.	UNINA9910462687403321
Titolo	The role of emotion and emotion regulation in job stress and well being // edited by Pamela L. Perrewe, Florida State University, USA, Christopher C. Rosen, University of Arkansas, USA, Jonathon R.B. Halbesleben, University of Alabama, USA
Pubbl/distr/stampa	Bingley, UK : , : Emerald, , 2013
ISBN	1-78190-586-X 1-299-98135-6
Edizione	[First edition.]
Descrizione fisica	1 online resource (331 p.)
Collana	Research in occupational stress and well being, , 1479-3555 ; ; volume 11
Altri autori (Persone)	PerrewePamela RosenChristopher C HalbeslebenJonathon R. B
Disciplina	331
Soggetti	Job stress Job satisfaction Well-being Emotions Self-control Emotions - Social aspects Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	FRONT COVER; THE ROLE OF EMOTION AND EMOTION REGULATION IN JOB STRESS AND WELL BEING; COPYRIGHT PAGE; CONTENTS; LIST OF CONTRIBUTORS; EDITORIAL ADVISORY BOARD; OVERVIEW; UNDERSTANDING AFFECT, STRESS, AND WELL-BEING WITHIN A SELF- REGULATION FRAMEWORK; A CONTROL THEORY VIEW OF SELF- REGULATION; IMPLICATIONS OF AFFECT FOR STRESS AND WELL-BEING WITHIN A SELF-REGULATION FRAMEWORK; CONCLUSION; REFERENCES; EMOTIONAL BOUNDARY MANAGEMENT: A NEW ADAPTIVE APPROACH TO EMOTION REGULATION AT WORK; THE CONCEPT OF EMOTION; EMOTION MANAGEMENT AT WORK; EMOTIONAL BOUNDARIES; CONCLUSION AND FUTURE DIRECTIONS

CONCLUSIONREFERENCES; SELF-GUIDED ACTIVITIES FOR IMPROVING EMPLOYEE EMOTIONS AND EMOTION REGULATION; EMOTION AND EMOTION REGULATION IDEAS AND ACTIVITIES; CONCLUSION; REFERENCES; STRESS AND EMOTIONAL WELL-BEING IN MILITARY ORGANIZATIONS; CONSEQUENCES OF STRESS IN MILITARY SETTINGS; SERVICE MEMBER STRESS: RISK FACTORS; SERVICE MEMBER STRESS: PROTECTIVE FACTORS; DEVELOPING SERVICE MEMBER RESILIENCE TO STRESS; CONCLUSIONS; REFERENCES; MOTIVES FOR EMOTION REGULATION IN SERVICE WORK; INTRODUCTION; THEORY; IMPLICATIONS; CONCLUSION; REFERENCES
A LIFESPAN PERSPECTIVE ON EMOTION REGULATION, STRESS, AND WELL-BEING IN THE WORKPLACEOCCUPATIONAL STRESS AND WELL-BEING AND THE ROLE OF EMOTION REGULATION; HOW AGING AFFECTS EMOTIONAL EXPERIENCE AND REACTIVITY TO AFFECTIVE WORK EVENTS; TOWARD AN INTEGRATIVE MODEL: HOW AGING AFFECTS THE OCCUPATIONAL STRESS AND WELL-BEING PROCESS; FUTURE RESEARCH DIRECTIONS; REFERENCES; UNDER PRESSURE: EXAMINING THE MEDIATING ROLE OF DISCRETE EMOTIONS BETWEEN JOB CONDITIONS AND WELL-BEING; STRESSOR-STRAIN THEORY; EMOTIONS AT WORK; RESEARCH LINKING STRESS AND EMOTIONS; PROPOSED MODEL THEORETICAL AND PRACTICAL IMPLICATIONSFUTURE DIRECTIONS; CONCLUSION; REFERENCES; SELF-CONSCIOUS EMOTIONS: A NEW DIRECTION FOR EMOTION RESEARCH IN OCCUPATIONAL STRESS AND WELL-BEING; THE SELF-CONSCIOUS EMOTIONS; SELF-CONSCIOUS EMOTIONS AND BEHAVIOR; SELF-CONSCIOUS EMOTIONS AND WORK; CONCLUSION; ACKNOWLEDGMENT; REFERENCES; RESTORYING A HARD DAY'S WORK; INTRODUCTION; EMOTION; ACTING OF EMOTION AT WORK; EMOTIONAL CONTAGION AND THE DEVELOPMENT OF EMOTIONAL CONTAGION EXCHANGE; EMOTIONAL RESTORYING; A PROCESS MODEL OF EMOTIONAL RESTORYING; PRACTICAL IMPLICATIONS; CONCLUSIONS AND FUTURE RESEARCH REFERENCESOCCUPATIONAL STRESS RESEARCH: CONSIDERING THE EMOTIONAL IMPACT FOR THE QUALITATIVE RESEARCHER; EMOTION AND THE RESEARCHER: AN EXPLORATION OF THE LITERATURE; RESEARCHING STRESS APPRAISAL AND COPING: EXAMPLES FROM A RESEARCHER'S DIARY; A SUPPORT FRAMEWORK FOR QUALITATIVE RESEARCHERS; CONCLUSION; NOTES; REFERENCES; ABOUT THE AUTHORS

Sommario/riassunto

This series promotes theory and research in the growing area of occupational stress, health and well being, and in the process, showcases the work of the best researchers and theorists who contribute to this area. Furthermore, the series promotes the development of truly path-breaking contributions that significantly advance theory and provide specific directions for future work. Each volume of this series has a specific theme and provides a rich compilation of the insights of the top researchers from a variety of fields concerning what we know about work stress and well being and what the cri
