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Autore	Symington Neville
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Nota di contenuto	COVER; CONTENTS; PREFACE; Introductory remarks; MEDITATION ONE An ontology for sanity; MEDITATION TWO Freedom and survival; MEDITATION THREE A pattern of madness; MEDITATION FOUR Emotional action and strengthening of the ego; MEDITATION FIVE God and the worm; MEDITATION SIX Trauma and attachment; MEDITATION SEVEN How our technique is affected by this outlook; MEDITATION EIGHT The spirit of sanity: discussion of central issues; Closing remarks; APPENDIX B An exegesis of conscience in the works of Freud; APPENDIX C Envy: a psychological analysis; APPENDIX D "I feel a fraud"; REFERENCES
Sommario/riassunto	A rare and unusual consideration of the spiritual dimensions of sanity from a psychoanalytic perspective, this transcription of a series of seven lectures delivered at the Tavistock Clinic capture the spontaneity and immediacy of the interplay between one of the world's most

eminent psychoanalysts and an audience of his peers. The author of the established psychoanalytic classics *Emotion and Spirit*, *Narcissism: A New Theory*; and *The Analytic Experience* here brings his characteristic insight and innovation to the question of how the traditional Freudian view of religious belief as neurotic or illusory can be reconciled with a way of taking up psychoanalytic work without abandoning the spiritual dimension to life.
