Record Nr. UNINA9910462445103321 Autore Symington Neville Titolo The spirit of sanity / / by Neville Symington Pubbl/distr/stampa Boca Raton, FL:,: Routledge, an imprint of Taylor and Francis,, [2018] ©2001 **ISBN** 0-429-90807-5 0-429-48330-9 1-280-68612-X 9786613663061 1-84940-329-5 Edizione [First edition.] Descrizione fisica 1 online resource (208 p.) Disciplina 150.195 616.890076 Soggetti **Psychoanalysis** Spirituality Mental health Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references. COVER; CONTENTS; PREFACE; Introductory remarks; MEDITATION ONE Nota di contenuto An ontology for sanity; MEDITATION TWO Freedom and survival; MEDITATION THREE A pattern of madness; MEDITATION FOUR Emotional action and strengthening of the ego; MEDITATION FIVE God and the worm; MEDITATION SIX Trauma and attachment; MEDITATION SEVEN How our technique is affected by this outlook; MEDITATION EIGHT The spirit of sanity: discussion of central issues; Closing remarks; APPENDIX B An exegesis of conscience in the works of Freud; APPENDIX C Envy: a psychological analysis; APPENDIX D "I feel a fraud"; **REFERENCES** A rare and unusual consideration of the spiritual dimensions of sanity Sommario/riassunto from a psychoanalytic perspective, this transcription of a series of seven lectures delivered at the Tavistock Clinic capture the spontaneity

and immediacy of the interplay between one of the world's most

eminent psychoanalysts and an audience of his peers. The author of the established psychoanalytic classics Emotion and Spirit, Narcissism: A New Theory; and The Analytic Experience here brings his characteristic insight and innovation to the question of how the traditional Freudian view of religious belief as neurotic or illusory can be reconciled with a way of taking up psychoanalytic work without abandoning the spiritual dimension to life.