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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Cover; About the Authors; Contents; Introduction; Section 1 - Introducing Asperger's Syndrome; Section 2 - Daily Living Skills; Section 3 - Coping in College; Section 4 - Relationships; Conclusion; Bibliography
Sommario/riassunto	This text aims to suggest specific activities and strategies to help overcome some of the difficulties that are encountered in everyday life.