

1. Record Nr.	UNINA9910462303903321
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Titolo	Making dyslexia work for you / / Vicki Goodwin and Bonita Thomson
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2012
ISBN	1-280-68764-9 9786613664587 1-136-63151-8 0-203-80311-6
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (241 p.)
Altri autori (Persone)	ThomsonBonita
Disciplina	371.91/44
Soggetti	Dyslexics - Education Dyslexia Study skills Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Making Dyslexia Work for You; Copyright; Contents; Acknowledgements; Introduction; Using our website; PART 1 Dyslexia and you; 1 Finding out about dyslexia and the brain; 2 Exploring your dyslexia; 3 How dyslexia affects you; 4 Support from those close to you; PART 2 Finding the best way for you; 5 Reading and the world of print; 6 Getting down what you want to say; 7 Getting done what you want to do; 8 Self-esteem and motivation; 9 Handling numbers; 10 Making memory work for you; PART 3 Resources for you; 11 Helping yourself with technology; 12 Looking wider; APPENDICES Appendix A Checklist for dyslexiaAppendix B Useful and interesting books; Appendix C Useful addresses; Appendix D Glossary; Index
Sommario/riassunto	Written for dyslexic adults or anyone who thinks they might be dyslexic, this bold and imaginative book is deliberately concise and easy to dip into. User-friendly, essential guide to the world of study and work for anyone with dyslexia; Identifies the key needs of adults and young people who are dyslexic; Encourages them to put together their own package of ideas and strategies for success; Offers practical activities, examples and support covering reading, memory,

