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Nota di contenuto	Making Dyslexia Work for You; Copyright; Contents; Acknowledgements; Introduction; Using our website; PART 1 Dyslexia and you; 1 Finding out about dyslexia and the brain; 2 Exploring your dyslexia; 3 How dyslexia affects you; 4 Support from those close to you; PART 2 Finding the best way for you; 5 Reading and the world of print; 6 Getting down what you want to say; 7 Getting done what you want to do; 8 Self-esteem and motivation; 9 Handling numbers; 10 Making memory work for you; PART 3 Resources for you; 11 Helping yourself with technology; 12 Looking wider; APPENDICES Appendix A Checklist for dyslexiaAppendix B Useful and interesting books; Appendix C Useful addresses; Appendix D Glossary; Index
Sommario/riassunto	Written for dyslexic adults or anyone who thinks they might be dyslexic, this bold and imaginative book is deliberately concise and easy to dip into.User-friendly, essential guide to the world of study and work for anyone with dyslexia;Identifies the key needs of adults and young people who are dyslexic;Encourages them to put together their own package of ideas and strategies for success;Offers practical activities, examples and support covering reading, memory,

