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| 1. Record Nr.           | UNINA9910462273103321   |
| Titolo                  | Automatic [[electronic resource] ] : changing the way America saves / / William G. Gale ... [et al.], editors   |
| Pubbl/distr/stampa      | Washington, D.C., : Brookings Institution Press, c2009  |
| ISBN                    | 0-8157-0382-1   |
| Descrizione fisica      | 1 online resource (282 p.)  |
| Altri autori (Persone)  | GaleWilliam G   |
| Disciplina              | 339.4/30973   |
| Soggetti                | Individual retirement accounts - United States<br>Saving and investment - United States<br>Electronic books.  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | Based on the work of the Retirement Security Project (RSP), a joint venture of Georgetown University's Public Policy Institute and the Brookings Institution, that is supported by the Pew Charitable Trusts and the Rockefeller Foundation.  |
| Nota di bibliografia    | Includes bibliographical references and index.  |
| Nota di contenuto       | Preface -- 1. Introduction / William G. Gale ... [et al.] -- PART I. AUTOMATIC SAVING STRUCTURES -- 2. Retirement saving for middle- and low-income households : the Pension Protection Act of 2006 and the unfinished agenda / William G. Gale, J. Mark Iwry, and Spencer Walters -- 3. The automatic 401(k) : revenue and distributional estimates / Christopher Geissler and Benjamin H. Harris -- 4. Pursuing universal retirement security through automatic IRAs / J. Mark Iwry and David C. John -- 5. National retirement savings systems in Australia, Chile, New Zealand, and the United Kingdom : lessons for the United States / David C. John and Ruth Levine -- PART II. TAKING THE MONEY OUT -- 6. Increasing annuitization in 401(k) plans with automatic trial income / William G. Gale ... [et. al.] -- 7. Automatic annuitization : new behavioral strategies for expanding lifetime income in 401(k)s / J. Mark Iwry and John A. Turner -- PART III. RETIREMENT SAVING FOR VULNERABLE GROUPS -- 8. Retirement security for Latinos : bolstering coverage, savings, and adequacy / Peter R. Orszag and Eric Rodriguez -- 9. Retirement security for women : progress to date on policies for tomorrow / Leslie E. Papke, Lina Walker, and Michael Dworsky -- 10. Strategies to increase the retirement savings of African American |

households / Ngina Chiteji and Lina Walker.

**Sommario/riassunto**

"Argues for a fresh approach to saving, simplified retirement planning, and managing risks associated with today's IRA environment. Calls for transformation of 401(k)s, incorporating features of defined benefit plans as automatic arrangements. Considers experiences of countries with automatic saving structures and presents proposals to implement similar features in this country"--Provided by publisher.

2. **Record Nr.**

UNINA9910791080203321

**Autore**

Colombetti Giovanna

**Titolo**

The feeling body : affective science meets the enactive mind / /  
Giovanna Colombetti

**Pubbl/distr/stampa**

Cambridge, MA : , : MIT Press, , 2013

**ISBN**

0-262-31842-3  
0-262-31841-5

**Descrizione fisica**

1 online resource (289 p.)

**Disciplina**

128

**Soggetti**

Emotions and cognition  
Affective neuroscience  
Philosophy of mind

**Lingua di pubblicazione**

Inglese

**Formato**

Materiale a stampa

**Livello bibliografico**

Monografia

**Note generali**

Description based upon print version of record.

**Nota di bibliografia**

Includes bibliographical references and index.

**Nota di contenuto**

2.6 Alternatives to BET and Their Problems 2.7 Conclusion; 3 Emotional Episodes as Dynamical Patterns; 3.1 Introduction; 3.2 Fundamental Concepts of Dynamical Systems Theory (DST); 3.3 Dynamical Affective Science; 3.4 Implications for the Debate on the Nature of the Emotions; 3.5 Discreteness and Boundaries; 3.6 Moods; 3.7 Conclusion; 4 Reappraising Appraisal; 4.1 Introduction; 4.2 Beginnings; 4.3 Downplaying the Body in the 1960's and 1970's; 4.4 Appraisal Theory Today: The Body as a Mere Interactant; 4.5 Eroding the Neural Boundaries between Cognition and Emotion; 4.6 Enacting Appraisal 4.7 Phenomenological Connections 4.8 A (Brief) Comparison with Prinz's "Embodied Appraisal"; 4.9 Conclusion; 5 How the Body Feels in

Emotion Experience; 5.1 Introduction; 5.2 A Taxonomy of Bodily Feeling; 5.3 Conspicuous Bodily Feelings in Emotion Experience; 5.4 The "Obscurely Felt" Body; 5.5 Feeling Absorbed; 5.6 Conclusion; 6 Ideas for an Affective "Neuro-physio-phenomenology"; 6.1 Introduction; 6.2 Neurophenomenology in Theory and Practice; 6.3 Neurophenomenology and the Study of Consciousness; 6.4 Affective Neuroscience and Emotion Experience  
6.5 Outline of an Affective Neuro-physio-phenomenological Method  
6.6 Bodily Feelings and Emotion Experience; 6.7 Conclusion; 7 Feeling Others; 7.1 Introduction; 7.2 The Experience of the Other as a Leib; 7.3 Perceiving Emotion in Expression; 7.4 Impressive Others; 7.5 Feeling Close; 7.6 Sympathy; 7.7 Doing as Others Do; 7.8 Do We Mimic Others to Read Their Minds?; 7.9 Mimicry as a Mechanism for Social Bonding; 7.10 Beyond Strict Mimicry; 7.11 Conclusion; Epilogue; Notes; References; Index

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## Sommario/riassunto

In *The Feeling Body*, Giovanna Colombetti takes ideas from the enactive approach developed over the last twenty years in cognitive science and philosophy of mind and applies them for the first time to affective science -- the study of emotions, moods, and feelings. She argues that enactivism entails a view of cognition as not just embodied but also intrinsically affective, and she elaborates on the implications of this claim for the study of emotion in psychology and neuroscience. In the course of her discussion, Colombetti focuses on long-debated issues in affective science, including the notion of basic emotions, the nature of appraisal and its relationship to bodily arousal, the place of bodily feelings in emotion experience, the neurophysiological study of emotion experience, and the bodily nature of our encounters with others. Drawing on enactivist tools such as dynamical systems theory, the notion of the lived body, neurophenomenology, and phenomenological accounts of empathy, Colombetti advances a novel approach to these traditional issues that does justice to their complexity. Doing so, she also expands the enactive approach into a further domain of inquiry, one that has more generally been neglected by the embodied-embedded approach in the philosophy of cognitive science.

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