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Nota di contenuto	Spirituality in Pastoral Counseling and the Community Helping Professions; Copyright; About the Author; Contents; Preface; Acknowledgments; Chapter 1. Spirituality: A Growing Focus for Professional Caregivers; What Is Spirituality?; Spirituality and Healthy Religion; Core Human Spiritual Needs; Case Studies; Spiritual Needs in Regard to Psychological and Religious Needs; Expanding the Language of Spiritual Needs; Naming Spiritual Needs; Spiritual Well-Being and Health; Spiritual Distress and Religious or Spiritual Problems; Conclusion; Chapter 2. Spiritual Assessment; Foundations Spiritual Assessment and the Psychological Helping Professional; Spiritual Assessment and the Religious Helping Professional; The Basic Process of Spiritual Assessment; A Beginning Model of Spiritual Assessment; Chapter 3. The Process of Spiritual Care; Step One: Address the Focus of Care Needed; Step Two: Assess Spiritual Needs; Step Three: Determine the Goals of Spiritual Care; Step Four: Relate Spiritual Care to the Helpee's Religion/Beliefs; Conclusion; Chapter 4. Tools for Spiritual Assessment: Spiritual Care As a Clinical Science; The Need for Spiritual Assessment Instruments

Stumbling Blocks to Spiritual Assessment
Clinical Instruments of Spiritual Assessment; Developmental Models of Spiritual Assessment; Semistructured Interview and Surveys; Developing Your Own Survey Questions; Guidelines for the Development of Spiritual Assessment Surveys; Chapter 5. Basic Aptitudes and Skills of Spiritual Care; Ability to Develop a Caring and Healing Helping Relationship; Ability to Bring Spiritual Awareness into the Helping Relationship; Knowledge and Acceptance of Your Identity As a Spiritual Caregiver; Chapter 6. Broader Skills of Spiritual Care
Ability to Respond to the Ethnic Heritage of Helpees' Spirituality
Ability to Work with Helpees' Pain, Loss, and Grief; Ability to Utilize Helpees' Beliefs; Ability to Use Religious Resources; Chapter 7. A Community Model of Spiritual Care; Ability to Develop a Socially Responsible Focus in Spiritual Care; A Community Model of Spiritual Care; Spiritual Care Competencies of Professional Organizations; Organizational Standards of Spiritual Care; References; Recommended Reading; Index

Sommario/riassunto

An enlightening guide to bringing spirituality into the helping professions! This unique handbook will help you make the journey that will turn spirituality into the touchstone of your practice. For too long, spirituality has been a skeleton in the closet of many practitioners, but now there is a growing movement to integrate the vital beliefs of clients into the healing process. Spirituality in Pastoral Counseling and the Community Helping Professions addresses the core values of the movement, providing you with a step-by-step process you can follow to increase empathy and healing wh
