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Altri autori (Persone)	JedrychowskiWieslaw A. <1932-> MaugeriUmberto PopielaTadeusz <1933->
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Sommario/riassunto	The monograph reports die results of the largest hospital based case-control study in Eastern Europe, which confirmed that besides apples and other fruits, also consumption of pickled vegetables was associated with reduced risk of colorectal cancer. The reduction of colorectal

cancer risk associated with apple consumption may be related to rich content of flavonoid and poly-phenols that can inhibit cancer onset by protecting tissues against free oxygen radicals and inhibiting cell proliferation. The protective role of fermented food on the colorectal cancer is not yet clear. However, it is well

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