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Nota di bibliografia	Includes bibliographical references (p. 190-195) and index.
Nota di contenuto	Cover; Contents; Acknowledgements; Introduction; Part one: Making sense of growing up; 1. What is meant by growing up?; Growing up with in a particular culture; What is being 'grown up' in Britain?; Growing up and the law; Is growing up different now?; Young people' s views on growing up; 2. Development from childhood towards adulthood; Individual differences; Change and transition; Making sense of individual differences; The nature of development; Part two: Development of children and young people; 3 . Physical development; Physical skills and games; Physical activity and health Fine physical skills4. The changes of puberty; The beginning of puberty; The main changes; Possible concerns about puberty; Offering help and support; 5. The skills of communication; Talking and understanding; Reading and writing; Computer skills; 6. Intellectual development; The growth of knowledge; The skills of thinking; Methods of reasoning; Problem solving; Individual differences in thinking; 7. Social and emotional development; Relationships; Sex differences in social behaviour; A sense of personal identity; Emotional problems; 8. Moral development - thinking and behaviour

Thinking about moral issuesMoral reasoning and behaviour; Religious beliefs and morality; Part three: Children, young people and their families; 9. Growing up in a family; Family life; Relationships in the family; Communication with parents; 10. The move away from dependence; The meaning of independence; Helping children to learn self-reliance; Protection and risk; Health and self-care; 11. Family change and crisis; Distressing events; Separation and divorce; Death and bereavement; Part four: Children and young people in society; 12. Friendships; Patterns in friendship; Friends and parents
13. PartnershipsForming serious attachments; Sexual awareness and behaviour; 14. The experience of school; Attitudes towards school; The relationship with teachers; School work and study; Troubles with other children; Transitions; 15. Young people and work; School and the preparation for work; Working outside school hours; Choices in employment; 16. Health and well-being of children and young people; Risk taking; Physical health and well-being; Children, young people and the health services; Final thoughts; Further reading; Index

Sommario/riassunto

Setting the experiences of 8- to 18-year-olds within a practical framework, this book offers fresh perspectives for all adults who are concerned with older children and young people
