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Titolo	The dynamics of connection [[electronic resource]] : how evolution and biology create caregiving and attachment / / David C. Bell
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Nota di contenuto	Cover; Title Page; Copyright Page; Dedication Page; Table of Contents; Preface; Chapter 1: The Riddle of Nurturance; Chapter 2: Bowlby's Account of Attachment and Caregiving; Chapter 3: The Evolution of Caregiving and Attachment; Chapter 4: The Neurobiology of Caregiving and Attachment; Chapter 5: Caregiving; Chapter 6: Attachment; Chapter 7: Interconnections; Chapter 8: A Connection Theory of Adult Relationship Formation; Chapter 9: Reconsidering Families; Index; References
Sommario/riassunto	This is a book about why people nurture. It traces the origins of caring and caregiving from the earliest mammals, describes neurobiological evidence, and explores the social psychological processes of both caregiving and attachment. This book helps us to understand why parents choose to nurture children and why romantic partners choose to nurture one another.