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| 1. Record Nr.           | UNINA9910461799803321   |
| Titolo                  | Adolescent counselling psychology : theory, research and practice // edited by Terry Hanley, Neil Humphrey, Clare Lennie  |
| Pubbl/distr/stampa      | London ; ; New York : , : Routledge, , 2013   |
| ISBN                    | 1-283-52136-9<br>9786613833815<br>0-203-10317-3<br>1-136-24328-3  |
| Descrizione fisica      | 1 online resource (201 p.)  |
| Altri autori (Persone)  | HanleyTerry<br>HumphreyNeil, Ph. D.<br>LennieClare  |
| Disciplina              | 618.92/8914   |
| Soggetti                | Adolescent psychotherapy<br>Adolescence - Counseling of<br>Electronic books.  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | Description based upon print version of record.   |
| Nota di bibliografia    | Includes bibliographical references and index.  |
| Nota di contenuto       | Adolescent Counselling Psychology Theory, research and practice; Copyright; Contents; List of illustrations; List of contributors; Chapter1 Introduction; PART 1 Counselling young people in context; Chapter 2 Historical context; Chapter 3 Different settings; Chapter 4 Allied interventions; PART 2 Psychological change for young people; Chapter 5 Adolescence in context; Chapter 6 Research into youth counselling: a rationale for research informed pluralistic practice; PART 3 Counselling young people in action; Chapter 7 The counselling infrastructure Chapter 8 Pluralistic counselling psychology for young peopleChapter 9 Assessing therapeutic outcomes; Chapter 10 Summary; Index |
| Sommario/riassunto      | "Adolescent Counselling Psychology: Theory Research and Practice provides a thorough introduction to therapeutic practice with young people. As an edited text, it brings together some of the leading authorities on such work into one digestible volume. The text is divided into three major sections. The first provides a context to therapeutic work with young people. This outlines the historical background to   |

such work, the types of settings in which individuals work and the allied professions that they will encounter. Following on from this, the second section introduces the psychology of adolescence and provides an overview of the research into youth counselling. Finally, the third section considers more applied issues. Initially the infrastructure of counselling services is discussed before moving on to reflect upon pluralistic therapeutic practice. To end, the ways in which outcomes may be assessed in such work are described. In covering such a wide territory this text acts as an essential resource to those working within the field of adolescent counselling. It provides a foundation to the work that individuals are undertaking in this arena and advocates that individuals enter into therapeutic work in a critically informed way. At the heart of such considerations is the need to utilise psychological theory alongside research findings to inform therapeutic decision making"--

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