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Nota di contenuto	pt. 1. The conceptual base for a theory of companionable caregiving -- pt. 2. The construction of a theory of companionable caregiving -- pt. 3. Principles of therapy guided by an attachment-based theory of caregiving.
Sommario/riassunto	The Challenge of Attachment for Caregiving describes a theoretical model for the development of caregiving that complements and also extends attachment theory. The model highlights the conditions under which adult caregivers can remain in a state of arrested development, impairing their own ability to give care and resulting in attachment problems for those who seek care from them. It shows how insecure attachment in childhood and adolescence impedes the development of caregiving and how, in times of crisis, even securely attached individuals need appropriate support in order to sustain their capacity

to give effective care. Constructing a systemic model of the self, the authors place the instinctive systems for caregiving and careseeking (attachment) within a theory that relates them to other systems of the self, such as the systems for sharing interests, sexuality and for self-defence. The model describes the interplay between these goal-corrected behavioural systems.
