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Titolo	Taking care : an alternative to therapy // David Smail
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Nota di contenuto	COVER; Contents; New Preface; Introduction; 1. Dreaming and Wishing: The Individual and Society; 2. The Pursuit of Happiness; 3. Magic, Interest and Psychology; 4. Faults and Reasons; 5. Change: The Limits of Therapy; 6. 'Relationships'; 7. Growing Up and Taking Care; 8. Morality and Moralism; Index
Sommario/riassunto	Taking Care established David Smail as an important social and political analyst whose background happened to be in clinical psychology. In this work he develops the analysis of mental illness, and psychology in general, in the contexts of society, power and interest. People's experience is embodied in the world in which they exist. Notwithstanding the claims of some, psychology cannot, in the same way that magic cannot, change the nature of that experience fundamentally. At best, psychotherapy might provide a degree of understanding about that limitation. The historical relationship between ps

2. Record Nr.	UNINA9910703995903321
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Descrizione fisica	1 online resource (xx, 35 pages) : portrait
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