

1. Record Nr.	UNINA9910461727203321
Autore	Loewenthal Del <1947->
Titolo	What is psychotherapeutic research? / / by Del Loewenthal
Pubbl/distr/stampa	Boca Raton, FL : , : Routledge, an imprint of Taylor and Francis, , [2018] ©2006
ISBN	0-429-90962-4 0-429-48485-2 1-283-24943-X 9786613249432 1-84940-526-3
Descrizione fisica	1 online resource (373 p.)
Collana	UKCP
Disciplina	150 616.8914
Soggetti	Psychotherapy - Research Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Issues in psychotherapeutic research -- pt. 2. Getting started and exploring method -- pt. 3. Researching the therapeutic process -- pt. 4. Researching the therapeutic outcomes -- pt. 5. Researching the therapist and the therapeutic context.
Sommario/riassunto	This book marks an important watershed in the development of psychotherapy. It provides examples of how psychotherapeutic research and the abilities to carry it out can help the practising psychotherapist. A lack of relative knowledge of research in psychotherapy, a history of apparent defensiveness is being evaluated, and a reluctance to work with universities has developed in psychotherapy. The papers represent a cross-section of current research thinking from within the UKCP, North America and Continental Europe. It will prove useful for students and practitioners of psychotherapy, as well as those more traditionally engaged in psychotherapeutic research. The book has been divided into five sections: Section One outlines what is meant by psychotherapeutic

research and gives an overview of the features of different research methods. Section Two describes how to get started in the use of qualitative and quantitative methods. Section Three focuses on research into the process of psychotherapy.

---