

1. Record Nr.	UNINA9910461691703321
Autore	Young Susan <1957->
Titolo	Cognitive-behavioural therapy for ADHD in adolescents and adults : a psychological guide to practice // Susan Young and Jessica Bramham
Pubbl/distr/stampa	Chichester ; ; Malden, Massachusetts : , : Wiley-Blackwell, , 2012
ISBN	1-280-58680-X 9786613616630 1-119-94343-4
Edizione	[Second edition.]
Descrizione fisica	1 online resource (xxii, 301 pages) : illustrations
Altri autori (Persone)	YoungSusan <1957->
Disciplina	616.85/89 616.8589 616.85890651
Soggetti	Attention-deficit disorder in adolescence - Treatment Attention-deficit disorder in adults - Treatment Cognitive therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record. Revised edition of: ADHD in adults / Susan Young, Jessica Bramham. 2007.
Nota di contenuto	pt. 1. Background and treatment -- pt. 2. Core symptom modules -- pt. 3. Comorbid and associated problem modules -- pt. 4. The future module.
Sommario/riassunto	The first edition of this book introduced the Young-Bramham Programme, a pioneering approach to cognitive behavioural treatment for ADHD in adults, which was well-received by clinical and academic communities alike. Based on the latest findings in the field, the authors have expanded the second edition to incorporate treatment strategies not only for adults, but also for adolescents with ADHD. Updates the proven Young-Bramham Programme to be used not only with adults but also with adolescents, who are making the difficult transition from child to adult services New edition of