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Nota di contenuto	Frontmatter -- Contents -- Foreword -- Preface -- Introduction -- P-Patch Community Garden Program SEATTLE, WASHINGTON • The Neighborhood Garden -- HOW TO: Change Your City's Urban Agriculture Zoning Codes -- Homeless Garden Project SANTA CRUZ, CALIFORNIA • The Farm as Therapy -- HOW TO: Grow Good, Safe Food -- Fairview Gardens and the Center for Urban Agriculture SANTA BARBARA, CALIFORNIA • The Historic Farm -- HOW TO: Plant Perennial Fruit Trees in the City -- Denver Urban Gardens DENVER, COLORADO • The Garden as Community -- HOW TO: Turn Your Waste into Black Gold -- Juniper Gardens and Cultivate Kansas City KANSAS CITY, KANSAS AND MISSOURI • The Farm for Profit -- HOW TO: Access Start-Up Capital for Urban Food Projects -- Versailles Community NEW ORLEANS, LOUISIANA • Backyards of Bounty -- HOW TO: Develop a Congregational Urban Farm -- Jones Valley Urban Farm BIRMINGHAM, ALABAMA • The Education and Production Farm -- HOW TO: Engage the Community with Education Programs -- Greensgrow Farms and the Philadelphia Project PHILADELPHIA, PENNSYLVANIA • The Nonprofit,

For-Profit Farm -- HOW TO: Rehabilitate Contaminated Soils -- Eagle Street Rooftop Farm BROOKLYN, NEW YORK • The Rooftop Farm -- HOW TO: Convert Rooftops to Residential Gardens and Urban Farms -- Catherine Ferguson Academy DETROIT, MICHIGAN • The Alternative Curriculum Farm -- HOW TO: Raise Urban Livestock -- Wood Street Urban Farm and Growing Home CHICAGO, ILLINOIS • The Job Training Farm -- HOW TO: Extend the Growing Season with Hoop Houses and Greenhouses -- Sandhill Organics and Prairie Crossing GRAYSLAKE, ILLINOIS • The Peri-urban Farm -- HOW TO: Start an Urban Farm -- Conclusion -- Acknowledgments -- Recommended Reading

Sommario/riassunto

People have always grown food in urban spaces-on windowsills and sidewalks, and in backyards and neighborhood parks-but today, urban farmers are leading an environmental and social movement that transforms our national food system. To explore this agricultural renaissance, brothers David and Michael Hanson and urban farmer Edwin Marty document twelve successful urban farm programs, from an alternative school for girls in Detroit, to a backyard food swap in New Orleans, to a restaurant supply garden on a rooftop in Brooklyn. Each beautifully illustrated essay offers practical advice for budding farmers, such as composting and keeping livestock in the city, decontaminating toxic soil, even changing zoning laws.
