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Autore	Killinger Barbara
Titolo	Integrity [[electronic resource]] : doing the right thing for the right reason // Barbara Killinger
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ISBN	1-283-53056-2 9786613843012 0-7735-8280-0
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (221 p.)
Disciplina	179.9
Soggetti	Integrity Obsessive-compulsive disorder Jungian psychology Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. What is integrity and how does it develop? -- pt. 2. Why do people lose their integrity? -- pt. 3. Keeping integrity healthy.
Sommario/riassunto	Drawing on her clinical practice and pioneering efforts in workaholism Dr Killinger describes the personality traits and psychological, philosophical, historical, and familial influences that help develop and maintain integrity. She also looks at how integrity is undermined and lost as a result of obsession, narcissism, and workaholism. Richly illustrated with personal stories, Integrity offers a positive "how to" perspective on safeguarding personal and professional integrity and on encouraging our children to develop this vital character trait. Killinger concludes that integrity is not possible without compassion and makes it clear that doing the right thing includes doing it for the right reason.