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| Titolo                  | Dream life [[electronic resource] ] : an experimental memoir / / J. Allan Hobson   |
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| Descrizione fisica      | 1 online resource (307 p.)   |
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| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Bibliographic Level Mode of Issuance: Monograph  |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Nota di contenuto       | Biologically speaking: an experimental autobiography -- Brain birth: a non-immaculate conception -- Brain growth: the illusion and reality of being a self -- Brain state: a self organizing process -- My experimental nature -- The genesis of my experimentalism -- Marginal modes of being -- Experimental social structures -- The nature of my experiments -- Psychoanalysis as thesis -- Brain science as antithesis -- Cognitive neuroscience as synthesis -- Experiments of nature -- Brain shock -- Brain death -- Heart failure -- Back ache -- Sleep strangulation -- Implications of my experiments -- Scientific -- Humanistic -- Philosophical -- Functional conclusions. |
| Sommario/riassunto      | A pioneer in sleep and dream science surveys his life and work through the lens of dreaming and consciousness.   |