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Nota di contenuto	Psychobiological Approaches for Anxiety Disorders: Treatment Combination Strategies; CONTENTS; About the Contributors; About the Editor; Introduction; Chapter 1: The Biology and Efficacy of Combination Strategies for Anxiety Disorders; Chapter 2: Benzodiazepines; Chapter 3: Tricyclic Antidepressants and Monoamine Oxidase Inhibitors; Chapter 4: Selective Serotonin Reuptake Inhibitors, Reversible Inhibitors of Monoamine Oxidase-A, and Buspirone; Chapter 5: D-Cycloserine; Chapter 6: Yohimbine Hydrochloride; Chapter 7: Cortisol; Chapter 8: Oxytocin; Chapter 9: Dietary Supplements Chapter 10: A Roadmap for the Research and Practice of Combination StrategiesIndex
Sommario/riassunto	Psychobiological Approaches for Anxiety Disorders presents a

comprehensive overview of the latest empirical evidence and research results on combining pharmacological agents and CBT techniques for the treatment of anxiety disorders. The first book to focus on the issue of enhancing CBT with pharmacological agents Features chapters from leading authors in the fields of psychiatry, pharmacology, clinical psychology, neuroscience, and emotion researchContributes significantly to the field by summarizing the contemporary research in combination treatments in anx

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