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Nota di contenuto	Cover; Title Page; Copyright; Acknowledgements; Contents; Introduction; Background, Clientele, Audience, Application; Definitions of the Therapies; Interdisciplinary Collaboration; Part One: Population, Programs, and Communication; Chapter 1: Population Descriptors; Physical/Motor; Sensory; Communication; Chapter 2: Structuring Programs and Activities; Creating a Group,; Working with Individuals in Groups (Processes); Group Structure and Activities; Psychological Issues; Chapter 3: Considerations for Functional Communication; Communication, Language and Speech; Communicative Competence Verbal Versus Nonverbal Communication Markers for Nonverbal Communication; The Communication Dictionary; Part Two: The Scenarios; Chapter 4: Introduction, Important Considerations; Introduction; Important Considerations; Chapter 5: Activities of Daily Living; 1.Music Assisted Personal Grooming; 2.Skin Care; 3. Hair Care; 4. Pre-Dressing Skills; 5. Adaptive Fastener Frames; 6. Meal Preparation; 7. Beverage Preparation; 8. Homemaking; 9. Using Switches; Chapter 6: Sensory Stimulation; 1. Aromas; 2. Nature Box; 3.

Dark Box/Column; 4. Find the Musical Sound; 5. Find the Sound  
6. Music-Playing Rhythm Instruments 7. Music and Tactile  
Defensiveness; 8. Vibration; 9. Texture Rub; 10. Brushing; 11. Deep  
Massage; 12. Water Exploration; 13. Sponges; 14. Walking; Chapter 7:  
Gross Motor; 1. Shoulder Arc; 2. Movement With Ribbon Sticks and  
Scarves; 3. "Play the Xylophone"; 4. Hokey Pokey; 5. Dance/Movement  
With Chinese Jump rope; 6. Therapy Balls; 7. Beanbag "Basketball"; 8.  
Obstacle Course; Chapter 8: Fine Motor; 1. Therapeutic Putty; 2. Sand  
Box; 3. Manipulation Box; 4. Egg Shaker Chant; 5. Magnets; 6. Peg-  
Board; 7. Bright Builders; 8. Containers; 9. Lock Board  
10. Collages 11. Stamp Collection; 12. Flower Arranging; 13. Pre-  
writing; Chapter 9: Cognitive; 1. Environmental Sounds Tape; 2.  
Imitation; 3. Body Part Identification; 4. Music and Movement "If You're  
Happy and You Know It"; 5. Common Object Identification; 6. Find the  
Object; 7. Making Choices; 8. Memory Book; 9. Puzzles; Chapter 10:  
Communication; 1. Story/Current Event Retelling; 2. Taking Turns  
(Throwing a Ball); 3. Table Top Turn-Taking; 4. Making Requests  
(Utilizing a Switch); 5. Adapted Yes/No Response; Chapter 11:  
Social/Recreation; 1. Balloons and Music; 2. Parachute  
3. Shake Hands "Hello" 4. Play the Drum; 5. Tape/CD Player and  
Switch; 6. Active Television Watching; 7. Board Games; 8. Plant Care; 9.  
Pet Care; Part Three: Materials and Resources; Scenario Specific  
Materials including catalogs and books; Bibliography & Recommended  
Reading; About the Authors

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### Sommario/riassunto

A user-friendly approach for any caregivers (therapists, family, friends, etc.) who work with adults with very challenging issues related to profound mental retardation. The authors have found, through hands on experience, that these people can learn and can greatly benefit from interventions designed specifically to increase their skills and quality of life. These activity-based programs are designed to be not only beneficial but also fun for everyone involved. All activities (scenarios) are designed to be easy, adaptable, and based on specific areas of need and growth.

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