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Sommario/riassunto	Proving that sailing is not just the husband's pursuit, this charming narrative of one couple's first long distance voyage is told from the wife's perspective. Writing in a lively, humorous way, Sandra Clayton gives an entertaining account of her and husband David's maiden cruise from the UK, down the Atlantic coast and into the warm waters of the Mediterranean. Conscious that old age or poor health could prevent them from sailing away for much longer, they left the world of work behind to chase their dream of adventure. Conditions are sometimes maddening, occasionally dangerous, but frequentl