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Family Life Course Development Theory; Family Systems Theory; Family Ecology Theory; Structural Functional Theory; Conflict Theory; Feminist Theory; Family Theories into the Twenty-first Century; Research Methods: Gathering Information about Families; Experiments; Observation; Surveys; Case Studies; Archival Research; Triangulation and Research across Time and Space; Evaluation Research; Conclusions: How Will You Explore Families in Meaningful, Realistic, Ethical Ways?; Ethical Imperatives; Key Terms; Learning Activities; Part II: From Risk to Resilience

3. Risk and Resilience: Families at Their Best; Chapter Outline; Chapter Preview; Resilience Research Construct: Foundations; From a Pathogenic to a Salutogenic Perspective; Family Stress Theory and Research Models; Family Meanings: Perceptions and Appraisals; Family Coping: Adjustment and Adaptation; Resilience Protective Factors; Individuals' Protective Factors; Families' Protective Factors; Family Rituals, Routines, and Time; Family Stories; Resilience Processes; Families' Protective Processes; Community Protective Processes; Relational Processes: Family Resilience Determinants
Local, National, and Global Public Policy Implications for Research and Applications; Families as Strategic Living Communities; Key Terms; Learning Activities; 4. Family Health: Beyond Illness and Disease; Chapter Outline; Chapter Preview; Defining Family Health and Healing; Why Study Family Health?; Conventional and Complementary Approaches to Healing; Transdisciplinary Approaches; Ecological Models of Family Health; Interactive Determinants of Family Health Model; Biological Determinants: Family Health Histories; Behavioral Determinants: Family Choices and Patterns
Sociological Determinants: Disparities in Family Health

Sommario/riassunto

Noted for its interdisciplinary approach to family studies, *Families with Futures* provides an engaging, contemporary look at the discipline's theories, methods, essential topics, and career opportunities. Featuring strong coverage of theories and methods, readers explore family concepts and processes through a positive prism. Concepts are brought to life through striking examples from everyday family life and cutting-edge scholarship. Throughout, families are viewed as challenged but resilient. Each chapter opens with a preview of the chapter content and co
