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Titolo	Hunger strike : the anorectic's struggle as a metaphor for our age // by Susie Orbach
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Note generali	"First published in 1986 by Faber and Faber."--t.p. verso. "Second Edition, with a new introduction and revisions, published in 1993 by Penquine Books."--t.p. verso. "Starving amidst plenty"--cover.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; Contents; Foreword; Introduction to the 1986 Edition; Introduction to the 1993 Edition; PART I; PART II; Afterword; Bibliography; Index
Sommario/riassunto	In this classic text, originally published in 1986, The author brilliantly examines the anorectic's struggle. Anorexia is a battle; a battle to be thin; a battle of wills, denial versus desire. It is also about control; by conquering feelings of hunger, the anorectic woman aspires to conquer her emotional feelings as well. For the author, the struggle goes further. In this brilliant examination of women and eating disorders, she asserts that the complex relationship between women and food signifies women's battle for autonomy. Women's bodies are both

private and public property. Society demands and expects women to look a certain way, to not take up too much space, to be self-effacing and mindful of others. Yet anorexia, whilst an extreme method of conforming to such demands, is conversely a rebellion against such ideas. It is the ultimate control over self, a cry of protest, a hunger strike against the contradictory and overwhelming demands placed on women in contemporary society.

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