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Descrizione fisica	1 online resource (320 p.)
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Disciplina	374.941
Soggetti	Learning, Psychology of Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; How to use this book; Part One: You as a learner; Part Two: Becoming a better learner; Part Three: Quick reference; Further reading; Index
Sommario/riassunto	Discover Your Hidden Talents opens up an exciting world of self-discovery and new opportunities. It shows you how you can overcome your personal barriers, master powerful learning skills and unlock the door to greater success in work, study, sport - in fact any area of your life. Including: simple exercises to reveal your learning habits; how to develop your Personal Learning Action Plan; clever techniques to improve your memory, resourcefulness, resilience and your ability to respond creatively to new situations; family learning and learning at work; helpful reference section - who's who in t