1. Record Nr. UNINA9910461309403321 Continuity versus creative response to challenge [[electronic resource]] **Titolo** : the primacy of resilence and resourcefulness in life and therapy // Kathryn M. Gow, Marek J. Celinski, editors Hauppauge, NY,: Nova Science Publishers, c2011 Pubbl/distr/stampa **ISBN** 1-61942-707-9 Descrizione fisica 1 online resource (582 p.) Psychology of emotions, motivations and actions Collana Altri autori (Persone) GowKathryn CelinskiMarek J Disciplina 155.2/32 Soggetti Resilience (Personality trait) Resourcefulness Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia CONTINUITY VERSUS CREATIVE RESPONSE TO CHALLENGE: THE Nota di contenuto CONTINUITY VERSUS CREATIVE RESPONSE TO CHALLENGE: THE

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## Sommario/riassunto

Everyday observations indicate that people put a lot of effort into maintaining what they consider valuable, and if they are not satisfied with the status quo and opt for change, this represents a departure into new territory where the chaotic, unknown, or mysterious have both appealing and threatening qualities. It is our intention to present to our readers the rich meaning behind either type of behaviour. In order to be ""in the world"", we have to experience both sides of life which in a dialectic way would motivate us to seek and achieve progress. This book extensively covers the many aspe