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Titolo	There is no such thing as a therapist : an introduction to the therapeutic process / / by Carol Holmes
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; FOREWORD; PREFACE; Introduction; CHAPTER 1. Ground rules; CHAPTER 2. Communication and the therapeutic process; CHAPTER 3. The limits of therapy and existential conflicts; CHAPTER 4. Anxiety and the therapeutic process; CHAPTER 5. A sense of the absurd: contradictions and paradoxes; CHAPTER 6. Boundary issues in alternative therapeutic settings; Conclusion; REFERENCES; INDEX
Sommario/riassunto	This book deals with the link between the purpose of therapy and the boundaries of the therapeutic situation, which - the author argues - derive from the omnipresence of the anxiety surrounding separations and death. The theoretical framework of this book is part of a developmental line from Freud, Klein and Winnicott to Langs, via Sartre and Buber.