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Titolo	Restoration therapy : understanding and guiding healing in marriage and family therapy / / Terry D. Hargrave and Franz Pfitzer
Pubbl/distr/stampa	New York, N.Y. : , : Routledge, , 2011
ISBN	1-283-15110-3 9786613151100 1-136-72780-9 0-203-81724-9
Descrizione fisica	1 online resource (244 p.)
Altri autori (Persone)	PfitzerFranz
Disciplina	616.89/156
Soggetti	Family psychotherapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Understanding pain, coping and assessment -- Love and trustworthiness -- Coping with pain: understanding behavior and self-reactivity -- The process of pattern -- The therapeutic work in restoration therapy -- Becoming a wise therapist -- The techniques of working with love and trustworthiness -- Consolidating change in the brain -- Utilizing the restoration therapy model -- Restoration therapy and couples -- Using forgiveness in restoration.
Sommario/riassunto	How can a therapist help his or her clients and ensure that they continue to maintain the insights and motivations learned during therapy in everyday life, beyond termination? Restoration Therapy is a professional resource that introduces the reader to the essential elements of its namesake, and from there guides clinicians to a systemic understanding of how certain forces lead to destructive cycles in relationships, which perpetuate more and more dysfunction among members. Clients and therapists both will understand issues more clearly, experience the impacts that emotion can have