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Autore	Kenny Colum <1951->
Titolo	The Power of Silence : Silent Communication in Daily Life / / by Colum Kenny
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; FOREWORD; ABOUT THE AUTHOR; CHAPTER ONE Silent types; CHAPTER TWO Busy silence; CHAPTER THREE Theories of silence; CHAPTER FOUR Silence and the arts; CHAPTER FIVE Film, TV, and music; CHAPTER SIX Constraints of silence; CHAPTER SEVEN Silence in therapy; CHAPTER EIGHT Sacred silence; CHAPTER NINE The silence of God; EPILOGUE; BIBLIOGRAPHY; INDEX
Sommario/riassunto	This book demonstrates that silence is eloquent, powerful, beautiful and even dangerous. It surrounds and permeates our daily lives. Drawing on a wide range of cross-cultural, literary and historical sources, the author explores the uses and abuses of silence. He explains how silence is not associated with solitude alone but has a much broader value within society. The main themes of The Power of Silence are positive and negative uses of silence, and the various ways in which silence has been understood culturally, socially and spiritually. The book's objectives are to equip people with a better appreciation of the value of silence and to enable them to explore its benefits and uses more easily for themselves.

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