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Nota di contenuto	pt. 1. Roots in philosophy -- pt. 2. Roots in psychoanalysis and connections with other theories -- pt. 3. Roots in Gestalt foundational theory.
Sommario/riassunto	There has been a renewed interest in the last ten years in the underpinnings - theoretical, philosophical, and historical - of the Gestalt approach. Often in the past, these have been lost in oversimplified versions of the therapy. The author's aim in his writings has been to provide a full and coherent account of Gestalt theory, and to emphasize our links to our therapeutic and philosophical heritage, particularly psychoanalysis and existentialism. His theme is a field-relational theory of self as the centerpiece of the approach, and how this has been placed within a structure that is still