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Altri autori (Persone)	RedekerNancy S McEnanyGeoffry Phillips
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Physiological and behavioral aspects of sleep / Carol Landis -- Developmental aspects of sleep / Nancy S. Redeker -- Gender and sleep / Pamela Minarik -- The nature of sleep disorders : diagnostic and epidemiological considerations / Nancy S. Redeker, Geoffry Phillips McEnany -- Conducting a sleep assessment / Theresa Ward -- Insomnia / Carla Junquist -- Sleep-related breathing disorders / Amy Sawyer, Terri Weaver -- Movement disorders / Norma Cuellar -- Narcolepsy / Ann Rogers -- Circadian rhythm disorders / Glenna Dowling, Judith Mastick -- Sleep and chronic medical conditions / Kathy Parker -- Sleep and psychiatric disorders / Geoffry Phillips McEnany -- Childhood sleep disorders / Kristen Archbold -- Complementary/alternative therapy and sleep disorders / Cheryl Bourguignon, Karen M. Rose -- Health disparities in sleep disorders / Carol Baldwin, Luxana Reynaga Ornelas -- Sleep and the childbearing family / Kathryn Lee -- Sleep in children's health care settings / Kristen Archbold -- Sleep and primary care of adults and older adults / Catherine Cole -- Sleep in psychiatric-mental health settings / Geoffry Phillips McEnany -- Sleep in adult acute & critical care settings /

Christine Hedges, Kathy Booker, Nancy S. Redeker -- Sleep in adult long term care / Rebecca Lorenz, Melodee Harris, Kathy Richards -- Sleep in occupational health settings / Jeanne Geiger-Brown, Kathleen McPhaul -- Nurses' roles in specialized sleep centers / Ann Rogers, Teresa Valerio -- Future directions in sleep promotion : nursing practice, research, and education / Geoffry Phillips McEnany, Nancy S. Redeker.

Sommario/riassunto

This comprehensive volume presents the latest scientific evidence on health promotion, prevention, and treatment for sleep and sleep disorders. This graduate textbook and reference guide provides strategies for promoting normal sleep, caring for disordered sleep, and supporting sleep in health care settings. Written by leading nursing experts, this book is an invaluable source for graduate educators and students, as well as practitioners and researchers caring for patients suffering from sleep disorders. Key Features:..: Contains a digital Teacher's Guide and curriculum module; Covers important
