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Titolo	Overloaded and underprepared : strategies for stronger schools and healthy, successful kids // by Denise Pope, Maureen Brown, and Sarah Miles
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ISBN	1-119-02246-0 1-119-02256-8
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Descrizione fisica	1 online resource (259 p.)
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	From vision to action : an overview of the school change process -- A saner schedule -- The homework dilemma -- Engagement matters : backwards planning and project-based learning -- Authentic and alternative assessments -- The advanced placement program : benefits and challenges -- Creating a climate of care -- Educating the whole school -- Keeping momentum for positive school change.
Sommario/riassunto	Reduce stress and improve academic success with this research-backed framework for change Many American students are overworked, stressed-out, and still underperforming relative to their global peers. Overloaded and Underprepared: Strategies for Stronger Schools and Healthy, Successful Kids gives you the tools you need to begin making immediate changes at your school, in the community, and at home to benefit all kids. It provides a concrete framework to reduce student stress while engaging kids in real learning. The book helps you identify areas for improvement at your school, brainstorm poss