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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters.
Nota di contenuto	Cover; Editorial advisory board; Editorial; "Most of them are junk food but we did put fruit on there and we have water"; Associations between grades and physical activity and food choices; Food for thought: analysing the internal and external school food environment; A mobile farmers' market brings nutrition education to low-income students; Increasing primary school children's fruit and vegetable consumption; Interventions to increase free school meal take-up; Impact of an intuitive eating education program on high school students' eating attitudes
Sommario/riassunto	This eBook discusses the health promoting school. The world is in a time of economic crisis and change and concerns include the increase in health inequalities among children and young people, and a particular focus on how schools, working with families and local communities, can play an active role in challenging this trend. Food and eating, so basic to life, are in the modern context proving highly problematic in a range of ways. Obesity is the most obvious health related problem, bringing with it a host of serious medical and social problems, and is of epidemic proportions throughout the We