Record Nr. UNINA9910460894703321 Autore Rijpma Sjoerd <1931-2015, > Titolo David Livingstone and the myth of African poverty and disease: a close examination of his writing on the pre-colonial era / / by Sjoerd Rijpma Pubbl/distr/stampa Boston:,: Brill,, [2015] ©2015 **ISBN** 90-04-29373-6 Descrizione fisica 1 online resource (640 p.) Collana Afrika-studiecentrum series; volume 35 Disciplina 362.10967 Public health - Africa, Sub-Saharan - History - To 1884 Soggetti Nutrition - Africa, Sub-Saharan - History - To 1884 Electronic books. Africa, Sub-Saharan Social conditions 19th century Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Includes index. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Preliminary Material -- 1 'Health and Nutrition' or 'Disease and Hunger'? -- 2 1849-56: Missionary Travels and Researches -- 3 1858-64: Narrative of an Expedition -- 4 David Livingstone: A Usable Source of 'General' Information? -- 5 1849-56: Missionary Travels and Researches -- 6 1858-64: 'Narrative of an Expedition' -- 7 1866-73: Waller's The Last Journals of David Livingstone -- 8 What David Livingstone Really Discovered in Tropical Africa -- Some Closing Remarks -- Literature -- Books Consulted, Not Cited -- Maps: from David Livingstone and the Victorian Encounter with Africa -- Index. Sommario/riassunto This study about David Livingstone is different from all other publications about him. Here, Livingstone is not the main topic of interest; the focus of the author is on nutrition and health in precolonial Africa and Livingstone is his key informant. David Livingstone and the Myth of African Poverty and Disease is an unusual book. After a close examination of Livingstone's writings and comparative reading of contemporary authors, Sjoerd Rijpma has been able to draw cautious conclusions about the relatively favourable conditions of health and nutrition in southern and central Africa during the pre-colonial period.

His findings shed new light on the medical history of Sub-Saharan

Africa. The surprise awaiting travellers in and also before 19th century Africa was that the inhabitants of the interior, even the 'slaves', were healthier and better fed than many of their contemporaries in Europe's Industrial Revolution. "An impressive piece of scholarship, truly forensic in its close reading and re-reading of Livingstone's published works and those of other travellers during the same era, clearly a labour of love which has taken years to complete" (Joanna Lewis).