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Nota di contenuto	Cover; PUBLISHER'S NOTE; CONTENTS; Acknowledgements; Introduction; 1. PRESENCE; Beate Stuhm (Germany); Reflecting; An Experiment; Fields of Awareness; Further Development; Acceptance; Blossoming; 2. AMERTA MOVEMENT AND ARCHAEOLOGY ; Keith Miller (UK); Archaeology; The Embodied Archaeological Experience; Time and Place; Amerta Movement; Working with Layers; Living Measurement; Position and Perspective; Using Objects or Tools; Circle, Oval, Square; The Art Approach; 3. CULTURAL ASPECTS OF THE MOVEMENT WORK; Christina Stelzer (Germany); Waiting; Hearing the World; Respect 4. AMERTA AND TIBETAN BUDDHISM Monika Forster (Germany/Holland); Back Home; Mind as an Ally?; Bowing Towards Daily Life; The Blessing of Being Seen; How to Give Awareness Without Creating Stagnation; The practice of sounding; Epilogue; 5. THE EYE OF THE HAND; Steve Hopkins (UK); Opening Sequence: The Empty Axis; The Frame: Moving in Not Moving; The Shot: Moving in Moving; Editing: Finding Your Stopping; Endings: Blossoming in the Blessing; 6. A DOG PRACTICING 'Talking Body'; Jose Mulder van de Graaf (Bolivia); Summary and Concluding Thoughts; 7. "MAKE LESS THE HOPING"; Sandra Reeve (UK) Epilogue 8. TOUCHING FORGOTTEN REALITIES; Bettina Mainz (Germany); Preamble; Born in the Age of Criticism; Embodying the Right to Criticize and to Be Against; Dance as refuge; A Way; Reconciliation; One Way to Describe How Prapto "gives practice"; Body of Becoming - Forgotten

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