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Autore	Brooks Ford
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A Contemporary Approach to Substance Use Disorders and Addiction Counseling; Table of Contents; About the Authors; Acknowledgments; Chapter 1: Drug and Alcohol Counseling: An Introduction; Our Stories; The Counseling Relationship; Mistaken Images of Drug- and Alcohol-Addicted Clients; Establishing a Genuine Helping Relationship; Significant Aspects of This Book; For Whom This Book Is Written; Overview of the Book; Summary; Exploration Questions From Chapter 1; Suggested Activities; Chapter 2: Diversity Issues in Substance Abuse Treatment The Role of Multicultural Awareness in Addiction TreatmentToward Multicultural Competence; Culture; Ethnicity; Multicultural and Ethnocultural Counseling; Individualism and Collectivism; Spirit of Multicultural Counseling; African American Clients and Addiction Treatment; African American Clients and Drinking; Clinical Examples; African American Clients: Implications for Counseling; Spanish-

Hispanic-Latino; Clinical Example; Latino Clients: Implications for Counseling; Asian American and Pacific Islander Clients; Asian American and Pacific Islanders: Implications for Counseling Native American Clients; Native American Clients: Implications for Counseling; Women and Substance Abuse or Dependency; Shame; Children; Enabling and Family Denial; Single Mothers; Treatment for Women; Counselor Awareness; Clinical Example; Male Clients and Substance Abuse or Dependency; Clinical Example; Lesbian, Gay, Bisexual, and Transgender Clients; Implications for Counseling; Human Immunodeficiency Virus Diagnosis; Clinical Example; Older Persons; Persons With Disabilities; International Approaches to Addiction; Summary; Exploration Questions From Chapter 2; Suggested Activities Chapter 3: Types of Drugs and Their Effects; The Effect of Drugs on the Brain; Neurotransmitters; Factors Affecting the Response to Drugs; Terminology; Federal Drug Administration Schedule of Drugs; Drug Categories; Sedative-Hypnotics; Alcohol; Other Sedative-Hypnotic Drugs; Barbiturates; Nonbarbiturates; Minor Tranquilizers; Benzodiazepines; Stimulants: Amphetamine, Methamphetamine, and Cocaine; Amphetamine; Methamphetamine; Cocaine; Cannabinols; Marijuana and Hashish; Opiates-Narcotics; Heroin and OxyContin; Hallucinogens; Lysergic Acid Diethylamide; Phencyclidine; Ketamine; Inhalants; Nitrous Oxide; Club Drugs; Methyleneoxyamphetamine ("Ecstasy"); Gamma Hydroxybutyrate; Steroids and Anabolic Steroids; Types of Steroids; Nicotine; Cigarettes, Cigars, Pipes, and Smokeless Tobacco; Over the Counter Medications; Psychotropic Medications; Summary; Exploration Questions From Chapter 3; Suggested Activities; Chapter 4: Assessment, Diagnosis, and Interview Techniques; The Counselor as a Facilitative Gatekeeper; Information Gathering; Assessment; Referral (How, When, and Where?); Prevention and Education; Tracking and Follow-Up; Components of a Comprehensive Assessment; Alcohol and Drug Evaluation

Sommario/riassunto

"Ford Brooks and Bill McHenry's second edition of A Contemporary Approach to Substance Use Disorders and Addiction Counseling is superior. It is clearly written, easy to understand, and the topical areas covered provide useful and highly relevant information for both beginning and experienced counselors. This second edition expands their original work and is one of the most creative addictions-specific books for counselors available."-Gerald A. Juhnke, EdD, Professor/American Counseling Association Fellow, The University of Texas at San Antonio "Brooks and McHenry have done an outstanding
