1.	Record Nr.	UNINA9910460828203321
	Autore	Totton Nick
	Titolo	Embodied Relating : The Ground of Psychotherapy / / Nick Totton
	Pubbl/distr/stampa	London : , : Taylor and Francis, , 2018
	ISBN	0-429-89894-0 0-429-47417-2 1-78241-430-4
	Edizione	[First edition.]
	Descrizione fisica	1 online resource (273 p.)
	Disciplina	616.891401
	Soggetti	Psychotherapy - Philosophy Electronic books.
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	Description based upon print version of record.
	Nota di bibliografia	Includes bibliographical references and index.
	Nota di contenuto	chapter One What is embodiment? / Nick Totton -- chapter Two Embodiment and environment / Nick Totton -- chapter Three Embodied relating / Nick Totton -- chapter Four Practising embodied relating / Nick Totton -- chapter The Story So Far, 1 / Nick Totton -- chapter Five Embodied relating in its social context / Nick Totton -- chapter Six Being, having, and becoming bodies / Nick Totton -- chapter Seven Character as embodied relating / Nick Totton -- chapter The Story So Far, 2 / Nick Totton -- chapter Eight Therapy as play / Nick Totton -- chapter Nine Full and empty speech / Nick Totton -- chapter Ten Embodied trauma and complexity / Nick Totton -- chapter The Story So Far, 3 / Nick Totton -- chapter Eleven Therapy grounded in embodied relating / Nick Totton -- chapter Twelve Embodied connectedness / Nick Totton -- chapter Conclusion / Nick Totton.
	Sommario/riassunto	"Embodied Relating is addressed both to body psychotherapists and to verbal therapists, and argues that embodied relating is the soil from which all therapy grows, and that conscious understanding of this makes our work more powerful and accurate.Embodied relating is embedded in our everyday life: we can all 'do' embodied relating, though some do it better than others. Like many other important aspects of life, it generally happens of its own accord, but sometimes benefits from the sort of close examination which tends to happen in

therapy. However, psychotherapy has a history of keeping embodiment out of its field of awareness, and of preferring language-based relating to all other kinds - indeed, until quite recently, of downplaying here-and-now relationship altogether. All these things are now changing; and this book is intended to be part of the change.Embodiment and relationship are inseparable, both in human existence and in psychotherapy. If we explore embodiment, we encounter relationship; if we explore relationship, we encounter embodiment. Therapy is more powerful when the practitioner is able to recognise the constant interplay between these two aspects of being human, and to follow and support the shifts of change from one to the other. The book explores the nature of embodiment, and of embodied relating, drawing on many sources, including Merleau-Ponty, Foucault, Bourdieu, enaction theory, extended cognition, and neuroscience. It places this in the context of psychotherapy, and of the wider social and political field. It then explores other related issues like play, language, trauma, and complexity, and offers a model for those trained in verbal therapy to consult their embodiment when working with clients. It ends with some wider speculations about embodiment, connectedness, human history and ecosystemic thinking."--Provided by publisher.

2. Record Nr.	UNINA9910157559603321
Autore	Estrada Raul
Titolo	Fast data processing systems with SMACK stack : combine the incredible powers of Spark, Mesos, Akka, Cassandra, and Kafka to build data processing platforms that can take on even the hardest of your data troubles / / Raul Estrada
Pubbl/distr/stampa	Birmingham, England ; ; Mumbai, India : , : Packt Publishing, , 2016 ©2016
Edizione	[1st edition]
Descrizione fisica	1 online resource (370 pages) : illustrations
Disciplina	004.36
Soggetti	Electronic data processing - Distributed processing - Management Data structures (Computer science) Database management Big data
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Sommario/riassunto	Combine the incredible powers of Spark, Mesos, Akka, Cassandra, and Kafka to build data processing platforms that can take on even the hardest of your data troubles! About This Book This highly practical guide shows you how to use the best of the big data technologies to solve your response-critical problems Learn the art of making cheap-yet-effective big data architecture without using complex Greek-letter architectures Use this easy-to-follow guide to build fast data processing systems for your organization Who This Book Is For If you are a developer, data architect, or a data scientist looking for information on how to integrate the Big Data stack architecture and how to choose the correct technology in every layer, this book is what you are looking for. What You Will Learn Design and implement a fast data Pipeline architecture Think and solve programming challenges in a functional way with Scala Learn to use Akka, the actors model implementation for the JVM Make on memory processing and data analysis with Spark to solve modern business demands Build a powerful

and effective cluster infrastructure with Mesos and Docker Manage and consume unstructured and No-SQL data sources with Cassandra Consume and produce messages in a massive way with Kafka In Detail SMACK is an open source full stack for big data architecture. It is a combination of Spark, Mesos, Akka, Cassandra, and Kafka. This stack is the newest technique developers have begun to use to tackle critical real-time analytics for big data. This highly practical guide will teach you how to integrate these technologies to create a highly efficient data analysis system for fast data processing. We'll start off with an introduction to SMACK and show you when to use it. First you'll get to grips with functional thinking and problem solving using Scala. Next you'll come to understand the Akka architecture. Then you'll get to know how to improve the data structure architecture and optimize resources using Apache Spark. Moving forward, you'll learn how to perform linear scalability in databases with Apache Cassandra. You'll grasp the high throughput distributed messaging systems using Apache Kafka. We'll show you how to build a cheap but effective cluster infrastructure with Apache Mesos. Finally, you will deep dive into the different aspect of SMACK using a few case studies. By the end of the book, you will be able to integrate all the components of the SMACK stack and use them together to ach...