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Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Transforming Adults Through Coaching; Contents; Editors' Notes; References; 1 The Emerging Field of Executive and Organizational Coaching: An Overview; Introduction; Definitions; Why Executive Coaches Are Hired and Utilized; How Many Coaches?; Types of Coaching Engagements; State of Credentialing and Professional Associations; The State of Research; Links to Adult Learning; Problematizing Executive Coaching; Conclusion; References; 2 Developmental Coaching to Support the Transition to Self-Authorship; Becoming Adult; Arriving at Adulthood Unprepared; Stages of Adult Development The Socialized MindThe Self-Authored Mind; Supports for Growth; Where to Begin; Developmental Coaching and the Whole Self; Noticing and Honoring the Current Shape; Moving from Old Shape to Unbounded Shape; Creating a New Shape; Embodying the New Shape; Developmental Habits of Mind; Asking Different Questions; Taking Multiple Perspectives; Seeing Systems; Growth Edge Coaching Practices; Seeing the Equals; Building Bridges; Noticing Tethers; References; 3 Coaching and Adult Learning: Theory and Practice; Defining Coaching;

Theories of Adult Learning Applied to Coaching; Andragogy  
Transformative Learning Conclusion; References; 4 Coaching as a Strategy for Helping Adults; Who Is the Adult Learner?; Difference Between Advising and Coaching; The Role of the Coach; The Skills Coaches Use; Communication Skills; Relationship Skills; Group Facilitation Skills; Knowledge of Career-Related Information; Professional Relationship Skills; The Need for Coaching; Case Study; The Importance of Prior Learning Assessment in Refocusing and Clarifying Life and Career Plans and Educational Objectives; Coaching and PLA Case Study; Using 21st-Century Tools in Coaching; E-Portfolios  
Conclusion References; 5 Coaching Adult Volunteers Through the Lifespan; The Rise of Coaching; The Rise of Talent Development and Talent Management; Volunteerism and the Challenge of Volunteer Retention; Coaching Applied to Volunteerism; Case Illustration-Alumni Engagement; Conclusion; References; 6 Executive Coaching Practices in the Adult Workplace; Introduction; Definitions of Coaching; Coaching Principles and Practices; Establishing the Coaching Partnership; Facilitating Goal Setting; Cultivating Awareness and Experimentation; Self-Awareness and Self-Management; Conclusion; References  
7 Managerial Coaching Brief Analysis of the Literature; A Progressive Leadership Approach for Workplace Coaching; Listening: The Foundation of Servant leadership; Empathy: Listening With Others; Healing: The Spiritual Side of Leadership; Awareness: Keeping in Touch With Ourselves and Others; Persuasion: Making the Case; Conceptualization: Seeing the Big Picture; Foresight: Plotting the Course; Stewardship: Being Accountable and Sharing Control; Commitment to the Growth of People; Building Community; Coaching Tool #1: Listening; Coaching Tool #2: Asking Impactful Questions  
Coaching Tool #3: Goal Setting and Achieving

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