Record Nr. UNINA9910460715903321 Eye movement desensitization and reprocessing (EMDR) therapy **Titolo** scripted protocols and summary sheets Treating anxiety, obsessivecompulsive, and mood-related conditions / / edited by Marilyn Luber New York, New York: ,: Springer Publishing Company, , 2016 Pubbl/distr/stampa ©2016 **ISBN** 0-8261-3168-9 Descrizione fisica 1 online resource (460 p.) Disciplina 616.85210651 Soggetti Eye movement desensitization and reprocessing Anxiety disorders - Treament Obsessive-compulsive disorder - Treatment Affective disorders - Treatment Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references at the end of each chapters and Nota di bibliografia index. Nota di contenuto Cover; Title; Copyright; Contents; Contributors; Preface; References; Acknowledgments; Share Eye Movement Desensitization and Reprocessing EMDR Therapy Scripted Protocols and Summary Sheets: Treating Anxiety, Obsessive-Compulsive, and Mood-Related Conditions; Part I: EMDR Therapy and Anxiety Disorders; Specific Phobia: Chapter 1: EMDR Therapy for Specific Fears and Phobias: The Phobia Protocol; Panic Disorder and Agoraphobia; Chapter 2: EMDR Therapy Protocol for Panic Disorders With or Without Agoraphobia; Use of Specific Procedures in the Treatment of Anxiety Disorders Chapter 3: The Flashforward ProcedurePart II: EMDR Therapy and Obsessive-Compulsive and Related Disorders; Chapter 4: Obsessive-Compulsive Disorder and EMDR Therapy; Introduction; The Standard Treatment for OCD; EMDR Therapy and OCD; EMDR Therapy and the Standard Treatment for OCD; Sequencing Standard OCD Treatment With EMDR Therapy: OCD and EMDR Therapy Script Notes: OCD and

EMDR Therapy Protocol Script; Summary; References; Chapter 5: Body

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Part III: EMDR Therapy and Mood DisordersBipolar Disorder; Chapter 7: The EMDR Therapy Protocol for Bipolar Disorder; Major Depression; Chapter 8: DeprEnd©-EMDR Therapy Protocol for the Treatment of Depressive Disorders; Postpartum Depression; Chapter 9: EMDR Therapy Protocol for the Prevention of Birth Trauma and Postpartum Depression in the Pregnant Woman; Chapter 10: EMDR Therapy Group Protocol for the Prevention of Birth Trauma and Postpartum Depression for Pregnant Women; Appendix A: Worksheets; Past Memory Worksheet Script; Present Trigger Worksheet Script; Future Template Worksheet Future Template ScriptReferences; Appendix B: EMDR Therapy Summary Sheet and EMDR Therapy Session Form