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Titolo	A new body-mind approach : clinical cases // Jean Benjamin Stora ; translated by Sophie Leighton
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Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; PREFACE; FOREWORD; FOREWORD; INTRODUCTION; CHAPTER ONE Marie-Laure and metabolic syndrome: relations between the psychic apparatus and the hypothalamic axis; CHAPTER TWO Chloe: repairing the psychic apparatus- neuronal tumour, neuropsychanalysis, or neuropsychosomatics?; CHAPTER THREE Claude: "The Little Prince's heartache"; CHAPTER FOUR A hypochondriac patient-the enigma of Damien's somatic problems; APPENDIX TO THE CASE Multimorbidity and integrative psychosomatics (Barnett et al., 2012; Salisbury, 2012; Roublev, 2012) CHAPTER FIVE Lucien: type 2 diabetic the patient's cultural dimension, denial of illness and narcissistic problematic; CHAPTER SIX Alicia: "when I've had the transplant, will I feel better?"; CHAPTER SEVEN The heart problems of a "famous patient"; CHAPTER EIGHT Conclusion; NOTES; REFERENCES; INDEX
Sommario/riassunto	Integrative psychosomatics is a new approach to explaining illnesses and how patients relate to their problems. This new discipline draws on psychoanalysis, medicine and the neurosciences, rather than solely on psychoanalysis, which has inspired all the psychosomatic approaches

until now. Amongst the fascinating and compelling questions that this book raises are: how can we understand an illness if we only analyse the psyche? How can we understand patients if we only take account of their biological data? Are hypochondriac problems generated by the mind, as some doctors believe, or are the problems in fact more complex? The author also considers whether traditional psychoanalysis and medicine might actually distance practitioners from an understanding of patients and illnesses. For integrative psychosomatics, the psyche or the mind can play either a greater or lesser role in illness: advances in research in the neurosciences and biology over the last twenty years have uncovered many biological and genetic processes involved in the relations between the central nervous system and the other systems that constitute the human psychosomatic entity.
