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Titolo	Behavioral addictions : DSM-5® and beyond // edited by Nancy M. Petry
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Introduction to behavioral addictions / \$r Nancy M. Petry -- \$t Gambling disorder : the first officially recognized behavioral addiction / \$r Nancy M. Petry -- \$t Internet gaming disorder : a new behavioral addiction / \$r Florian Rehbein, Simone Kuhn, Hans-Jurgen Rumpf, and Nancy M. Petry -- \$t Internet addiction : a future addictive disorder? / \$r Hans-Jurgen Rumpf, Ran Tao, Florian Rehbein, and Nancy M. Petry -- \$t Hypersexual disorder / \$r Megan M. Campbell and Dan J. Stein -- \$t Compulsive shopping as a behavioral addiction / \$r Donald W. Black -- \$t Exercise addiction : diagnosis, psycho-biological mechanisms and treatment / \$r Aviv Weinstein and Yitzhak Weinstein -- \$t Food addiction / \$r Susan Murray, Mark S. Gold, and Nicole M. Avena -- \$t Addicted to UV : evidence for tanning addiction / \$r Jerod L. Stapleton, Joel Hillhouse, and Elliot J. Coups.
Sommario/riassunto	"This book explains the rationale for changes in the DSM-5® related to incorporating behavioral addictions alongside substance use disorders; it also illuminates the significance of including the construct of behavioral addictions in this widely used psychiatric diagnostic manual. The chapters herein describe eight behaviors often considered

addictions, including gambling disorder, internet gaming disorder, internet addiction, food addiction, hypersexuality, shopping addiction, exercise addiction, and tanning addiction. Also examined are prevalence rates in epidemiological samples, risk factors, and promising treatment approaches. The result is an easy-to-use resource and guide for clinicians, students, and researchers."--Publisher's description
