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Nota di contenuto	Title Page; Copyright Page; Contents; About this book; Acknowledgements; How to use your revision guide; About the companion website; Section 1 Essentials of excellent nursing care; Chapter 1 Fundamentals of nursing care; The fundamentals of nursing care; Maintaining the patient's dignity; Chapter 2 Communication; Communication; Useful communication skills; Communicating with older people; Chapter 3 Documentation; Documentation; Chapter 4 Assessment and monitoring; Assessment and monitoring; Physical health; Mental health; Special requirements; Requirements for social support Chapter 5 Eating and drinking Eating and drinking; Chapter 6 Symptom control and management; Symptom control and management; Chapter 7 Breathlessness; SC&M breathlessness; Essentials of best practice; Chapter 8 Diarrhoea and constipation; SC&M diarrhoea and constipation; Essentials of best practice: constipation; Essentials of best practice: diarrhoea; Chapter 9 Nausea and vomiting; SC&M nausea and vomiting; Essentials of best practice; Chapter 10 Pain and discomfort; SC&M pain and discomfort; Essentials of best practice; Chapter 11 Incontinence; SC&M incontinence; Essentials of best practice Chapter 12 Nursing older people Nursing older people; Chapter 13

Nursing people at the end of life; Nursing people at the end of their lives; Chapter 14 Risk assessment and management; Risk assessment and management; Seven steps to patient safety; Chapter 15 Medicines management; Medicines management; Chapter 16 Pre- and post-operative care; Pre- and post-operative care; Chapter 17 Moving and positioning; Moving and positioning; Chapter 18 Infection prevention and control; Infection prevention and control; Chapter 19 Adult basic life support; Basic life support
Chapter 20 In-hospital resuscitation; In-hospital resuscitation; Chapter 21 Wound management; Wound management; Chapter 22 Health education and promotion; Health education and promotion; Chapter 23 Discharge planning; Discharge planning; Principles of effective discharge planning; Chapter 24 Evaluation; Evaluation; Chapter 25 Research and service development; Research and service development; Section 2 Nursing people with common disorders; Chapter 26 Nursing people with cardiovascular disorders; Key facts; Common cardiovascular disorders; A and P; Essentials of best practice
Chapter 27 Signs, symptoms, assessment and emergencies; Common signs and symptoms; Cardiovascular emergencies; Chapter 28 Nursing people with hypertension; Key facts; Effects of hypertension; A and P; Diagnosis; Associated screening tests; At risk groups; Essentials of best practice; Treatment; Chapter 29 Nursing people with coronary heart disease (stable angina); Key facts; Risk factors; Angina; Essentials of best practice; Chapter 30 Nursing people with CHD (acute coronary syndromes); Key facts; Common signs and symptoms of MI; Diagnosis and medical management; Risk factors
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