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Nota di contenuto	Cover; Title; Copyright; Contents; Preface; Acknowledgments; Share Care of the Obese in Advanced Practice Nursing: Communication, Assessment, and Treatment; Part I: Introduction; Chapter 1: Obesity: The Epidemic, Trends, and Causes; The Epidemic; Trends; Causes; References; Chapter 2: Definition of Obesity and Obesity Terms; References; Chapter 3: The Many Roles of the Advanced Practice Nurse; Certified Nurse Practitioner (CNP); Certified Registered Nurse Anesthetist (CRNA); Certified Nurse-Midwife (CNM); Clinical Nurse Specialist (CNS); References; Case Study 1; Part II: Communication Chapter 4: Addressing Pediatric ObesityRisk Factors; Growth Charts; The Provider-Pediatric Patient Relationship; References; Chapter 5: How to Initiate the Weight Conversation With Patients; Weight Discrimination-Provider; Weight Discrimination-Patient; The Provider-Patient Relationship; Therapeutic Communication; Ethical Principles; Addressing Legal Issues-Malpractice; References; Chapter 6: Patients' Stories; Case Study 2; Part III: Assessment; Chapter 7: Overview of Genetics and Pathophysiology of Obesity; Energy Balance; Environmental and Genetic Factors; Genetic Syndromes Gene and Protein FunctionPathophysiology; References; Chapter 8:

Behaviors, Addiction, and Eating Disorders; Behaviors and Addiction; Eating Disorders; Unintentional Weight Loss; References; Chapter 9: Which "Way" Is the Right "Weigh?"; Measuring Body Fat; References; Chapter 10: Physical Assessment of the Adult Obese Patient; References; Chapter 11: Physical Assessment of the Pediatric Obese Patient; References; Chapter 12: Physical Activity, Exercise Assessment, and Patient Recommendations; History of Physical Activity Recommendations; Key Concepts of Physical Activity; Patient Evaluation Objective Methods to Assess Physical Activity Effects of Exercise Response and Training; Exercise Testing; Exercise Programming; Special Considerations; References; Chapter 13: Dietary Assessment and Patient Recommendations; Starting With a New Patient; Nutrition Screening; Monitoring Patients' Eating Patterns and Habits; Daily Food Record or Journal; Estimating Needs for Weight Loss; Diet Composition; Portion Control; Recommendations; Counseling to Improve Behavior Change; References; Chapter 14: Psychological Assessment; References; Case Study 3; Part IV: Disease Management Chapter 15: Disease Management and the Role of the Advanced Practice Nurse References; Chapter 16: Obesity-Related Diseases; Hypertension; Dyslipidemia; Cardiovascular Disease; Diabetes Mellitus; Obesity and the Pulmonary System; Osteoarthritis; Polycystic Ovary Syndrome; Metabolic Syndrome; References; Chapter 17: Obesity-Related Diseases: A Pediatric Focus; Hypertension; Dyslipidemia; Diabetes Mellitus; Obstructive Sleep Apnea; Asthma; References; Chapter 18: Prevention; Prevention Guidelines; School Opportunities for Prevention Focus; References; Chapter 19: Weight Cycling Commonalities in Weight Cycling
