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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Overview of intervention mapping -- Behavior-oriented theories used in health promotion -- Environment-oriented theories -- Intervention mapping step 1 -- Intervention mapping step 2 -- Intervention mapping step 3 -- Intervention mapping step 4 -- Intervention mapping step 5 -- Intervention mapping step 6 -- Int map adapt : using intervention mapping to adapt evidence-based interventions