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Titolo	Compact clinical guide to chronic pain management [[electronic resource]] : an evidence-based approach for nurses // Yvonne D'Arcy
Pubbl/distr/stampa	New York, N.Y., : Springer Pub. Co., c2011
ISBN	1-283-04453-6 9786613044532 0-8261-0548-3
Descrizione fisica	1 online resource (371 p.)
Collana	Compact clinical guide series
Disciplina	616/.0472
Soggetti	Chronic pain - Treatment Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The problem of chronic pain -- The art & science of chronic pain assessment -- Non-opioid analgesics -- Opioids -- Co-analgesics for additive pain relief -- Complementary & integrative therapies for pain management -- Pain clinic referrals and interventional options -- Effect of opioid polymorphisms and gender differences -- Pain and addiction -- Developing a comprehensive treatment plan for patients with chronic pain -- Low back pain -- Rheumatoid and osteoarthritis -- Fibromyalgia -- Headaches -- Overview of neuropathic pain -- Peripheral neuropathic pain syndromes -- Central pain syndromes.
Sommario/riassunto	Presented in a clear, systematic format, this clinically oriented book provides nurses and physicians with quick access to much-needed pain management guidelines. With a unique focus on treatment options for patients with chronic persistent pain, this guide provides critical guidance on managing difficult conditions such as fibromyalgia and neuropathic pain. The text expertly assists practitioners in assessing pain in a variety of patient populations and provides professional insight on selecting patient-appropriate medications and interventions to achieve optimal pain management for adult pat