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Person-centred theory
The core conditions of helping and the supervision relationship; Self-awareness and the clinical supervisor; A self-awareness framework; Giving constructive feedback; Conclusion; 4 Three Functions of Clinical Supervision; Introduction; The normative function; The formative function; The restorative function; A balance of support and challenge; Changing supervisors; The three functions and research; Conclusion; 5 Active Listening and Responding Skills; Introduction; Listening as a supervisor; Core principles for effective listening in supervision
Non-verbal communication and listening
Combining non-verbal cues with the spoken word; Perceiving non-verbal communication; Getting ready to listen; The supervisor's toolbox of active listening skills; Conclusion; 6 Six-category Intervention Analysis; Introduction; The value of six-category intervention analysis to the clinical supervisor; The prescriptive category; The informative category; The confronting category; The cathartic category; The catalytic category; The supportive category; Six-category intervention analysis for clinical supervision
The need to be aware of degenerative interventions
Conclusion; 7 A Problem-solving Framework; Introduction; Reasons for a problem-solving model; Stage 1. The current scenario or problem situation; Stage 2. The preferred scenario; Stage 3. Action strategies; Some final thoughts; Conclusion; 8 Reflective Practice and the Supervisor; Introduction; Defining reflective practice; Reflective practice in clinical supervision; Reasons for a reflective framework; A model of reflection; Using reflective cycles and models together; Conclusion; Suggested further reading
9 Structuring and Evaluating Clinical Supervision Sessions

Sommario/riassunto

This book is designed as a practical toolkit to aid those training to do clinical supervision or starting out as clinical supervisors.
