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| Nota di contenuto | Cognitive behavioral therapy with older adults -- Bradley E. Karlin -- Major depressive disorder / Leilani Feliciano, Daniel L. Segal, and Christina L. Vair -- Psychosocial Treatment of Bipolar Disorder in Older Adults / R. Reiser, S. Reddy, M. Parkins, L. W. Thompson, and D. Gallagher-Thompson -- Suicidal Older Adults: Suicide Risk Assessments, Safety Planning, and Cognitive Behavioral Therapy / Gregory Brown -- Cognitive Behavioral Therapy for Late-Life Depression and Comorbid Psychiatric Conditions / Natalie D. Dautovich and Amber M. Gum -- Generalized Anxiety Disorder / Julie Loebach Wetherell, Joshua Ruberg, and Andrew J. Petkus -- Posttraumatic Stress Disorder Among Older Adults / Steven R. Thorp, Heather M. Sones, and Joan M. Cook -- Cognitive Behavioral Therapy for Persons With Dementia / Kristi L. Bratkovich and Jocelyn McGee -- Sexual Health in Older Adults: Conceptualization and Treatment / Linda R. Mona, Maggie L. Syme, Gali Goldwaser, Rebecca P. Cameron, Suzie Chen, Colleen Clemency, Sarah S. Fraley, Dina O. Wirick, and Larry Lemos -- Cognitive Behavioral Therapy for Older Adults in the Primary Care |

Setting / John Paul Jameson and Jeffrey A. Cully -- Integrating Neuropsychological Functioning Into Cognitive Behavioral Therapy: Implications for Older Adults / Laura E. Dreer, Jacquelynn N. Copeland, and Jennifer S. Cheavens --Cognitive Behavioral Therapy Within the Palliative Care Setting / Sharon Morgillo Freeman -- Integrated Depression Care for Homebound Medically Ill Older Adults: Using Evidence-Based Problem-Solving Therapy / Zvi D. Gellis and Arthur M. Nezu --Prolonged Exposure Therapy for Older Combat Veterans in the Veterans Affairs Health Care System / Steven R. Thorp, Heather M. Sones, and Joan M. Cook --The Stress-Busting Program: The Evolution and Implementation of a Self-Help Program for Family Caregivers / Denise Miner-Williams and Sharon Lewis.

Sommario/riassunto

A one-stop resource for core discipline practitioners who provide mental health services to the geriatric population, Cognitive Behavior Therapy with Older Adults presents strategies for integrating cognitive behavioral therapy (CBT) skills and therapies into various healthcare settings for aging patients. Cognitive Behavior Therapy with Older Adults is divided into key two parts: CBT for common mental health problems for older adults and innovations across settings in which older adults are present. Evidence-based and provider-friendly, it emphasizes adapting CBT specifically for the aging po
