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Sommario/riassunto	This edition provides a complete guide to precision reflexology, covering the basic techniques and knowledge and now includes a new chapter on the latest advanced techniques which have developed in recent years by the author. Redesigned into a user friendly format. Photos have been updated throughout. This text is appropriate for those practitioners already using this technique and for those who have yet to discover it. Precision Reflexology holds the same rationale as other forms of reflexo...

