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Sommario/riassunto	Understanding Physiotherapy Research by Littlewood and May is an introductory level text that aims to be accessible and understandable to all physiotherapists who appreciate the need to integrate research evidence into their practice. The requirement for physiotherapists to engage with evidence-based practice has never been more apparent and the benefits of such an approach are clear. Evidence derived from research is a cornerstone of evidence-based practice, but before such evidence can be ...